

31/1/15 - National Masters XC Championships

M50 - 11th - Matt Strachan 33:50s

M55 - 7th - Charles Haskett 35:11s

M55 - 13th - Craig Ross 37:06s

M55 - 21st - Dave Hanlon 38:32s

M65 - 6th - Alan Lawson 31:07s

Team M40-60 Dundee Hawkhill (Matt, Charles, Craig, Dave) 16th

Team M50-60 Dundee Hawkhill (Matt, Charles, Craig, Dave) 4th

31/1/15 - National Masters Indoor Championships

60m - Mike Tarnawsky 7.82s (Heat), 7.92s (Final) 5th M40

200m - Mike Tarnawsky 25.34s (Heat), 25.40 (Final) 3rd M40

200m - Rene Rogers (Heat) 29.00s 8th M40

1500m - Gordon Barrie 4:18.36s 1st M40

Shot Put - Rene Rogers 9.72m 3rd M40

Shot Put - Dave Williamson 10.42m 1st M45

25/1/15 - Aberdeen Open Graded Meet

60m

Katie Patullo - 8.45s

Niamh Robertson - 8.74s and 8.74s

Rene Rogers - 8.75s

Lesley Rogers 10.47s and 10.84s

60m Hurdles

Katie Patullo - 9.40s

Niamh Robertson - 10.20s

Long Jump

Lesley Rogers - 2.58m

Shot Put

Rene Rogers - 10.17m

24/1/15 - Devil's Burdens

Position	Team	Runner 1	Leg 1	Runners 2	Leg 2	Runners 3	Leg 3	Runner 4	Leg 4	Total
7	A	Gordon Barrie	00:26:28	Ryan Stewart & Des Crowe	01:05:24	Billy Gibson & John McBain	00:49:10	Jamie Crowe	00:32:40	02:53:42
10	B	Matthew Tonner	00:28:52	Craig Love & Roger van Gorpel	01:08:48	Steve Matthews & Bruce Scott	00:49:53	Ian Anderson	00:30:38	02:58:11
46	C	Ricky Davidson	00:31:27	Dave Mitchell & John Hepburn	01:24:57	Gareth Irons & Mark Lamb	00:57:25	Phil Forte	00:39:16	03:33:05
115	Mixed	Catherine Matthews	00:36:57	Lyn Hanlon & Sacha Koch	01:53:07	Charlie Love & Alan Kennedy	01:32:11	Dave Nicholson	00:53:17	04:55:32

24/1/15 - Buchlyvie 10km

3rd - James Donald - 34:59

72nd - Angus Donald - 46:45

165th - Joyce Donald - 59:01

24/1/15 - National Junior Indoor Relays

U13 Boys - Heat - 2:08.18s

U17 Girls A Team - Heat - 1:47.93s and 4th in Final 1:48.11s

U17 Girls B Team - Heat - 1:55.50s

U17 Men - Heat - 1:39.36s

East District XC Final League Standings

Season 2014-5

Female Season Aggregate Team Totals

	<i>Team Name</i>	<i>Stirling</i>	<i>Alloa</i>	<i>Broxburn</i>	<i>Total</i>
1	Edinburgh AC	101	126	126	353
2	Central AC	133	121	148	402

Male Season Aggregate Team Totals

	<i>Team Name</i>	<i>Stirling</i>	<i>Alloa</i>	<i>Broxburn</i>	<i>Total</i>
1	Central AC	212	416	352	980
2	Edinburgh AC	249	421	559	1229
3	Aberdeen AAC	1558	414	825	2797
4	Dundee Hawkhill H	1239	854	1207	3300

17/01/15 East District XC League

U11 girls - 27th Lesley Rogers 7:24.

U11 boys - 22nd Scott Vigrow 6:14, 29th Josh Taylor 6.25, 48th Reece Brown 48th 6:57.

U13 girls - 27th Iona McLeod 12:41, 36th Emily Paul 13:12, 38th Anna Bennet 13:16, 42nd Iona Vannet 13:27, 49th Jodie Taylor 14:29, 53rd Claire Roberts 14:51, 55th Nicole Melville 14:51, 62nd Steffie Kidd 16:24.

U13 boys - 10th Blair Scott 10:56, 12th Aidan Simpson 11:08, 42nd Ben McDermid 12:51.

U15girls/U17ladies - 20th Maddie Owen u15 18:05, 39th Danielle McDermid u15 19:54, 46th Emily Harrower u15 21:09, 48th Isobel Remers u17 21:21, 49th Amy Mollison u17 21:30, 51st Sophie Kidd u15 21:46.

U15 boys - 16th Jack Anderson 15:55, 26th Davey Begg 16:48, 29th Callum McCormack 17:04, 33rd Jamie Simpson 17:43, 37th David Wood 18:33, 40th Callum Letham 19:34.

U17 men - 14th Andrew Merry 20:41, 20th Matthew Tonner 22:14.

Senior/Junior women - 74th Kirsty Reynolds u20 28:31.

Senior/Junior men - 41st Billy Gibson 31:40, 55th Bruce Scott (v) 32:23, 72nd Mark Lamb 33:26, 174th Dave Hanlon (v) 39:35, 197th Dougie Kidd (v) 41:38.

17/01/2015

National Indoor Open

60m		60m Hurdles	
Rhys Paterson	7.24	Katie Patullo	9.28
Michael Tarnawsky	7.50	Niamh Robertson	10.04
Mike Tarnawsky	7.85	Scott Oswald	11.22
Shaney McCabe	8.31	400m	
Anna Ferguson	8.59	Susan Young	61.8
Niamh Robertson	8.65	Katie Patullo	63.1
200m		800m	
Rhys Paterson	22.94	James Donald	2:07.31
Michael Tarnawsky	24.53	1500m	
Mike Tarnawsky	25.50	Laura Muir	4:10.40
Shaney McCabe	26.97	James Donald	4:19.10
Niamh Robertson	27.87	Katie Anderson	4:48.30
Anna Ferguson	28.85	Ryan Donald	5:23.80
Scott Oswald	28.85	High Jump	
Ryan Donald	34.58	Scott Oswald	1.40m

11/1/15 – Frostbite Series Race 3

1st George Foster 21:03

2nd James Donald 21:12

107th Lucy Fyffe 34:03

10/01/2015

Ravenscraig Indoor Open Graded Meet

60m

Michael Tarnawsky	7.49
Mike Tarnawsky	8.00
Shaney McCabe	8.27
Blair Scott	9.44

100m

Michael Tarnawsky	11.88
Mike Tarnawsky	12.48
Declan Gall	12.54
Cameron Burns	13.03
Shaney McCabe	13.27
Katie Patullo	13.34
Blair Scott	tbc

Triple Jump

Michael Tarnawsky	11.39m
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60m Hurdles

Katie Patullo	9.48
Declan Gall	9.58
Cameron Burns	10.15
Scott Oswald	11.34
Blair Scott	tbc

High Jump

Katie Patullo	1.55m
Mike Tarnawsky	1.55m
Declan Gall	1.55m
Cameron Burns	1.50m
Scott Oswald	1.45m

10/1/15 - Scottish Inter District XC Championships

U17 Women

21st Katie Anderson - 19:20

U17 Men

22nd James Donald - 23:29

3/1/15 - Indoor Shot Put Competition

Dave Williamson - 11.83m

3/1/15 - National Indoor 3000m Championships inc. Masters

M40

1st - Gordon Barrie - 9:11.23

U23 Women

2nd - Laura Muir - 8:51.75

U17 Men

3rd - James Donald - 9:23.92

6th - Matthew Tonner - 9:48.49

3/1/15 - Fife AC XC Championships

u13 boys (approx 2.4 miles) - 1st Blair Scott - 16.01

u15 boys (approx 4.8 miles) - 4th Davey Begg - 32.47

Senior (approx 4.8 miles) - 1st George Foster - 28.09

2/1/15 - Greenmantle Dash (Hill Race)

15th - Johnny McBain - 19:28

16th - Des Crowe - 19:30

1/1/15 - Blairgowrie 4 Mile Road Race.

	Overall	Hawk	Time(unofficial)
James Donald..U17	1 st	1 st	21:37
Billy Gibson	3 rd	2 nd	21:50
Bruce Scott	4 th	3 rd	22:08
Mark Lamb	5 th	4 th	
Ian Anderson	6 th	5 th	
Matthew Tonner..U17		6 th	
Blair Scott..U13		7 th	25:15
Ryan Donald..U13		8 th	25:57
Katie Anderson..U17		9 th	
Graham Tonner	19 th	10 th	26:08
Phil Forte	28 th	11 th	27:15
Angus Donald	30 th	12 th	28:05
Adam Lamb	59 th	13 th	
David Mitchell	104 th	14 th	
Jack Donald U11		15 th	35:10
Pamela Scott		16 th	35:24
Joyce Donald		17 th	36:54