

4/5/16 - Grangemouth Open Graded

100m - Shaney McCabe - 13.34
150m - Shaney McCabe - 19.87
Shot Putt - Shaney McCabe - 6.50m

4/5/16 - St Andrews 5k Junior Race

7th - Grace Matthews - 7:20
10th - Matthew Sullivan - 8:01

4/5/16 - St Andrews 5k (115 Runners)

4th - Roger Van Gompel - 16:35
9th - Craig Love - 17:33
10th - Ryan Donald - 17:47
13th - Portia Brown - 17:58
27th - Phil Forte - 18:58
43rd - Louise Beveridge - 20:09
55th - Jack Donald - 20:52
63rd - Angus Donald - 21:25
77th - Steve Cromar - 22:43
79th - Fiona Gibson - 22:50
82nd - Alan Vigrow - 22:58
86th - Joyce Donald - 23:29

6/5/16 - Self Transendence 5k (385 Runners)

25th - James Donald - 15:19 (1st U17 male)
121st - Chris Walsh - 17:05
150th - Kenny Liddell - 17:40
214th - Ryan Donald - 18:29
246th - Raymond Tully - 19:12
347th - Angus Donald - 22:41
357th - Nicola Tully - 23:32
370th - Joyce Donald - 24:35

7/5/16 - Ben Lomond Hill Race

44th - Mike Galloway - 1:34:55
94th - Phil Forte - 1:54:47

11/5/16 - Dumyat Hill Race (346 Runners)

29th - Chris Walsh - 40:35
40th - Munro Stewart - 42:01
107th - Mike Galloway - 46:24
126th - Raymond Tully - 47:56
224th - Phil Forte - 54:44

14/5/16 - Loch Leven Half Marathon (485 Runners)

180th - Phil Forte - 1:47:39



May 2016

Results Archive

19/5/16 - Kinnoull Hill Race (160 Runners)

6th - Munro Stewart - 29:10
13th - Billy Gibson - 30:17
16th - Kenny Liddell - 30:38
20th - Gareth Irons - 30:51
32nd - Gary Bruce - 31:53
49th - Mike Galloway - 33:57
72nd - Phil Forte - 36:08
86th - Maddie Owen - 37:26
96th - Catherine Matthews - 38:52
132nd - Alan Vigrow - 43:37
134th - Nicola Tully - 44:24

20/5/16 - Beveridge Park 5k (134 Runners)

9th - Kenny Liddell - 17.46m
70th - Phil Forte - 21.40m
84th - Angus Donald - 23.06m
85th - Jack Donald - 23.10m
94th - Nicola Tully - 23.34m
108th - Joyce Donald - 24.57m

20/5/16 - Beveridge Park 1.33miles Junior Race (18 Runners)

1st - Ryan Donald - 7.44m

22/5/16 - Youth Development League (LAG)

Full results [HERE](#)

22/5/16 - Dunblane 7.5mile Road Race (288 runners)

159th - Joyce Donald- 64.55
160th - Angus Donald- 64.56

22/5/16 - Dunblane 1.75km Junior Road Race (101 runners)

5th - Ryan Donald- 6.20m
41st - Jack Donald- 7.50m

24/5/16 - Ravenscraig Park Mile (58 Runners)

1st - James Donald - 4:30 (**New course Record**)
10th - Ryan Donald - 5:31
35th - Jack Donald - 6:36

29/5/16 - EMF Half Marathon (8601 runners)

21st - Lee Strachan - 1:16.03
220th - Jennifer Carrasco - 1:27.40
1853rd - Angus Donald - 1:46.14
2840th - Joyce Donald - 1:52.39
3445th - Ashley De Gernier - 1:56.05