

1/7/16 - White Tops Hill Race (55 Runners)

4 - Johnny McBain - 48:58
5 - Billy Gibson - 49:05
6 - Chris Walsh - 49:47
8 - Munro Stewart - 49:55
12 - Jack Anderson - 53:01
24 - Phil Forte - 59:54
37 - Catherine Matthews - 1:05:40
41 - Cheryl Walls - 1:07:37
46 - Alan Vigrow - 1:11:34
49 - Ruth Moss - 1:12:42
51 - Eilidh Reynolds - 1:16:56
54 - Alan Kennedy - 1:28:15
55 - Charlie Love - 1:47:10

2/7/16 - National Masters Championship

100m

M40 Mike Tarnawsky - 12.23 - 2nd

200m

M40 Mike Tarnawsky - 25.25 - 3rd

1500m

M40 Gordon Barrie - 4:20.56 - 1st

Hammer

M40 Rene Rogers - 35.23m - 1st

Discus

M40 Rene Rogers - 31.62m - 1st

3/7/16 - Stonehaven Half Marathon (370runners)

4th - Roger Van Gompel - 1.19:49
70th - Phil Forte - 1.39.23
187th - Angus Donald - 1.51:15

6/7/16 - Brig Bash (211 Runners)

82 - Phil Forte - 34:01
161 - Angus Donald - 40:13
162 - Joyce Donald - 40:14

12/7/16 - Ravenscraig Mile (46 Runners)

15 - Scott Vigrow - 5:52
27 - Alex Tully - 6:57
33 - Nicola Tully - 7:13
34 - Alan Vigrow - 7:14

13/7/16 - Maddy Moss Hill Race (109 Runners)

25 - Chris Walsh - 1:01:54
31 - Munro Stewart - 1:03:57
105 - Alan Vigrow - 1:34:11

17/7/16 - EAMA Inter Area Challenge

1500m - Gordon Barrie - 4:17:95
3000m - Gordon Barrie - 9:44:21
Triple Jump - Gordon Barrie - 7.94m

17/7/16 - Dundee Half Marathon (620 Runners)

11 - Kenny Liddell - 1:23:03
108 - Gemma Dolan - 1:42:41

20/7/16 - Newburgh (94 Runners)

3 - Munro Stewart - 24:55
72 - Steve Cromer - 35:14
78 - Fiona Gibson - 36:07
84 - Alan Vigrow - 37:56
92 - Roger Tavendale - 46:15

27/7/16 - Tour of Fife Race 1 (164 Runners)

4 - Munro Stewart - 25:05
8 - Gareth Irons - 26:18
16 - John Castle - 27:03
22 - Ian McNulty - 27:37
34 - Phil Forte - 29:10
95 - Angus Donald - 32:28
162 - Charlie Love - 49:53

28/7/16 - Tour of Fife Race 2 (157 Runners)

5 - Munro Stewart - 19:12
9 - Gareth Irons - 20:39
20 - Ian McNulty - 22:18
24 - John Castle - 22:31
33 - Phil Forte - 23:17
89 - Angus Donald - 26:30
154 - Charlie Love - 38:13

29/7/16 - Tour of Fife Race 3 (161 Runners)

5 - Munro Stewart - 11:25
8 - Gareth Irons - 12:04
22 - Phil Forte - 13:19
23 - Ian McNulty - 13:19
54 - John Castle - 14:50
102 - Angus Donald - 16:35
158 - Charlie Love - 23:29

29/7/16 - BMC Races @ Crownpoint

1500m

James Donald - 4:00.19 PB
Ryan Donald - 4:53.92 PB
Jack Donald - 5:56.79

30/7/16 - Tour of Fife Race 4 (153 Runners)

5 - Munro Stewart - 26:00
8 - Gareth Irons - 26:51
18 - John Castle - 28:20
25 - Ian McNulty - 28:53
29 - Phil Forte - 29:45
88 - Angus Donald - 33:48
152 - Charlie Love - 50:46

31/7/16 - Tour of Fife Race 5 (158 Runners)

6 - Munro Stewart - 31:57
19 - John Castle - 35:07
21 - Ian McNulty - 35:13
29 - Phil Forte - 36:17
74 - Gareth Irons - 40:16
98 - Angus Donald - 43:08
158 - Charlie Love - 1:03:10

Tour of Fife Final Result

5th - Munro Stewart
18th - Gareth Irons
22nd - Ian McNulty (3rd V40)
23rd - John Castle
29th - Phil Forte
86th - Angus Donald
144th - Charlie Love