

2/9/15 - Grangemouth Open Graded

100m

Michael Tarnawsky - 11.59

Mike Tarnawsky - 12.28

300m

Michael Tarnawsky - 38.38

Mike Tarnawsky - 40.45

Shaney McCabe - 44.22

1500m

James Donald - 4:05.43

Ryan Donald - 5:09.27

Jack Donald - 6:15.93

Long Jump

Shaney McCabe - 4.63m

2/9/15 - Gateside Gallop

75th - Steve Cromar - MV70 - 35:41

5/9/15 - Scottish Mid Trail Championships

U15 Boys

9th - Ryan Donald - 23:51

Senior Men

41st - Phil Forte - V50 - 1:04:38

Steve Cromar - V70 - 1:09:37

6/9/15 - Pitreavie Trophy Meet

100m

Michael Tarnawsky - Heat 12.26s, Final 11.85s - GOLD

Anna Ferguson - 13.63s - GOLD

200m

Michael Tarnawsky - 24.04s - SILVER

Anna Ferguson -

300m

Shaney McCabe - 43.36s - GOLD

100m Sprint Handicap

Mike Tarnawsky - 7m 12.03s - SILVER

Long Jump

Shaney McCabe - 4.05m

12/9/15 - Central AC Open Graded

75m Hurdles

Blair Scott - 12.9

100m

Jamie Reid - 12.3

Aidan Simpson - 13.7

Amy Hughes - 14.2

Nicole Melville - 14.3

Scott Vigrow - 15.5

200m

Jamie Reid - 25.2

Aidan Simpson - 28.2

Amy Hughes - 28.9

Nicole Melville - 29.6

800m

Callum McCormack - 2:18.8

Blair Scott - 2:35.2

Ryan Donald - 2:36.2

Josh Taylor - 2:59.0

Kieran Simpson - 3:02.5

Jack Donald - 3:05.3

1500m

Jamie Simpson - 5:14.7

Scott Vigrow - 5:31.3

400m Hurdles

Michael Tarnawsky - 65.6

Long Jump

Jamie Simpson - 3.93

Amy Hughes - 3.88

Scott Vigrow - 3.61

Josh Taylor - 2.55

Triple Jump

Michael Tarnawsky - 12.42

Mike Tarnawsky - 11.40

Discus

Aidan Simpson - 16.35

Shot Putt

Shaney McCabe - 6.51

Josh Taylor - 4.25

12/9/15 - Meall a`Bhuachaille

15th - Craig Love - 1:19:43

40th - Phil Forte - 1:37:08

47th - Catherine Matthews - 1:48:06

49th - Steve Cromar - 2:06:51

13/9/15 - Around Cumbrae 10m Mile Race

85th - Alan Lawson - 75:00

13/9/15 - Great North Run

934th - Louise Beveridge - 1:31:13

13/9/15 - Stirling 10K

37th - James Donald - 34:24

41st - Gordon Barrie - 34:31

46th - Johnny McBain - 34:40

66th - Lee Strachan - 35:21

94th - Chris Walsh - 36:12

286th - Kenny Liddell - 41:49

463rd - David Hamilton - 48:06

572nd - Angus Donald - 52:50

573rd - Joyce Donald - 52:51

675th - Pamela Scott - 56:55

699th - Lorraine Simpson - 58:10

13/9/05 - Stirling 2K Fun Run

10th - Ryan Donald - 7:37

13th - Blair Scott - 7:46

15th - Jamie Simpson - 7:53

27th - Aidan Simpson - 8:11

48th - Jack Donald - 9:01

15/9/15 - Heal Physiotherapy 4K

2nd - James Donald - 12:48

5th - Portia Brown - 15:15

8th - Phil Forte - 15:32

24th - Angus Donald - 18:47

29th - Joyce Donald - 20:31

27/9/15 - River Ness 10K

5th - James Donald - 33:43

64th - Ryan Donald - 39:26

421st - Angus Donald - 49:20

573rd - Joyce Donald - 52:16

27/9/15 - Loch Ness Marathon

25th - Lee Strachan - 2:52:02

59th - Chris Walsh - 3:02:58

27/9/15 - Berlin Marathon

Johnny McBain - 2:42:53