

26/10/14 Run of the Mill Hill Race - Alva

22nd Roger Van Gompel M40 1:29:25

68th Phil Forte M50 1:48:51

25/10/14 Meal a' Bhuachaille - Glenmore

8th Billy Gibson 1:31:52

21st Craig Love M40 1:40:00

41st Dave Mitchell M50 1:50:30

57th Phil Forte M50 2:01:27

90th Charlie Love M70 3:19:56

25/10/14 Scottish National XC Relay Championships - Cumbernauld

Girls Team B - 52nd - Emily Paul 13:02, Danielle MacDermid 13:06, Hannah George 13:05

Girls Team A - 56th - Carmen Thomson 14:02, Shania King 13:23, Maddie Owen 12:09

Girls Team C - 74th - Kirsty Irving 16:08, Emily Harrower 13:25, Isobel Remers 13:36

Boys Team A - 29th - Aiden Simpson 11:10, Davie Begg 10:49, James Donald 9:44

Boys Team B - 33rd - Blair Scott 11:32, Jack Anderson 10:55, Andrew Merry 9:53

Boys Team C - 43rd - Ryan Donald 11:42, Calum McCormack 10:56, Matthew Tonner 10:07

M50 Team 11th - Matthew Strachan 16:03, Nigel Reynolds 17:49, Craig Ross 16:42

M40 40th Bruce Scott 15:44

M50 97th Ken Letham 19:52

18/10/14 East District XC League

U11 Boys - 20th S Vigrow 6:01, 32nd J Taylor 6:13, 50th J Donald 7:09

U11 Girl - 39th L Rogers 7:18

U13 Boys - 9th A Simpson 10:35, 38th R Donald 11:41

U13 Girls - 16th I McLeod 11:55, 37th E Paul 13:01, 47th C Roberts 13:47

U 15 Boys - 25th D Begg 11:21, 27th J Anderson 11:35, 29th J Simpson 11:43, 30th K Scott 11:43,

33rd D Wood 12:41

U15 Girls - 35th S King 13:40

U17 Girls - 18th K Anderson 12:00, 37th I Remers 13:44, 42nd H George 14:02

U17 Boys - 12th J Donald 21:30, 16th M Tonner 21:53, 17th A Merry 22:04

Men - 53rd B Scott 33:55, 69th I Anderson 34:56, 100th C Love 36:22, 114th M Lamb 37:17, 178th A

Lawson 41:00

12/10/14 East District SC Relay Championships - Peebles

Girls Team B - 18th - Jodie Taylor 13:21, Martha Gallacher 13:14, Isobel Remers 12:29

Girls Team A - 19th - Carmen Thomson 12:41, Kirsty Irving 13:50, Sophie Kidd 12:42

Girls Team C - 21st - Amy Sturrock 14:28, Steffie Kidd 14:37, Amy Mollison 13:41

Boys Team A - 9th - Blair Scott 10:14, Davie Begg 9:55, James Donald 8:33

Boys Team B - 10th - Aiden Simpson 9:53, Jamie Simpson 10:06, Andrew Merry 8:43

Boys Team C - Incomplete - Ryan Donald 10:55, Callum Letham 12:15

Mens Team - 18th - Gordon Barrie 14:15, Craig Ross 16:40, Des Crowe 15:45, Matt Strachan 16:03

16/09/14 Heal Physiotherapy 10th Anniversary Run

1st	James Donald	13:04
3rd	Roger Van Gompel	13:26
4th	Euan Rose	14:07
6th	Craig Love	14:23
7th	Jennifer Carrasco	14:37
11th	Louise Beveridge	16:12
12th	Colin McNally	16:15

13/9/14 Central AC Open Graded Meet

U11 Jack Donald - 800m 3:22.8s, 200m 42.9s

U13 Ryan Donald - 800m 2:44.8s, 100m 15.9s, 200m 33.5s

U13 Blair Scott - 75m Hurdles 14.1s, 800m 2:38.9s

U15 Shaney McCabe - 300m 42.3s

U17 Katie Patullo - 80m Hurdles 12.1s, 300m Hurdles 45.5s, High Jump 1.50m

U17 Michael Tarnawsky - 100m 11.9s, 400m Hurdles 61.2s, Triple Jump 11.54m

U17 James Donald - 200m 26.8s, 1500m 4:17.9s, 400m 59.4s

M40 Mike Tarnawsky - 100m 12.1s , 200m 24.9s