30/11/14 - Winter XC Series Knockburn

U11 boys (1 mile)- 13th Alan Begg 9:41,

18th Jack Donald 10:13.

U13 boys (2 miles) - 4th Aidan Simpson 12:12

5th Blair Scott 12:17

8th Ryan Donald 13:05

13th Ben MacDermid 14:11

U13 girls (2 miles) - 19th Jodie Taylor 17:21

U15 boys (3 miles) - 3rd Davey Begg 20:06

14th Callum Letham 27:17

U15 girls (2 miles) - 4th Danielle MacDermid 13:25

11th Shania King 14:50

U17 men (3 miles) - 1st James Donald 17:39

5th Matthew Tonner 18:31

6th Andrew Merry 18:37

U17 women (3 miles) - 6th Amy Mollison 24:50

7th Isabel Remers 25:21

Senior men (3 miles) - 3rd veteran Fraser Merry 22:54

8th veteran Kenny Letham 24:21

8th (SM) Connor Letham 33:28

Senior women (3 miles) - 2nd veteran Dianne Harrower 25:57

4th veteran Elayne Taylor 29:59

5th veteran Lorraine Simpson 30:00

Senior men (6 miles) - 8th veteran Nigel Reynolds 42:50

12th veteran Alan Lawson 45:01

Senior women (6miles) - 6th veteran Catriona Reynolds 50:47

29/11/14 - Ravenscraig Indoor Open Graded

Michael Tarnawsky :- 60m - 7.62s, 100m - 11.95s, Triple Jump - 11.41m

Scott Oswald :- 60m - 8.73s, 100m - 14.05s, High Jump - 1.35m

Mike Tarnawsky :- 60m - 7.96s, 100m - 12.36s

23/11/2014 - Frostbite Series Race 1

1st - James Donald 20:42

9th - Craig Love 23:37

119th Lucy Fyffe 32:55

22/11/2014 - East District XC League, Alloa

u11 girls - 34th Lesley Rogers 8:09

u11 boys - 30th Scott Vigrow 7:09

34th Josh Taylor 7:17

41st Rhys Brown 7:36

55th Jack Donald 8:06

U13 girls - 40th Iona Vannet 13:41

48th Anna Bennett 14:17

54th Chloe Reid 14:55

56th Steffie Kidd 15:01

62nd Kirsty Turfus 15:21

63rd Emily Paul 15:28

64th Jodie Taylor 15:40

68th Claire Roberts 16:07

74th Kirsty Irvine 17:03

76th Nicole Melville 17:49

U13 boys - 9th Blair Scott 11:24

20th Aidan Simpson 12:04

31st Ryan Donald 12:32

50th Ben McDermid 13:42

52nd Eoin Simpson 13:46

U15/u17 girls - 16th (4th u17) Katie Anderson 16:36

30th (22nd u15) Maddie Owen 17:59

36th (27th u15) Danielle McDermid 18:32

43rd (34th u15) Emily Harrower 19:20

45th (10th u17) Hannah George 19:45

51st (40th u15) Shania King 20:09

52nd (12th u17) Isabel Remers 20:09

55th (43rd u15) Sophie Kidd 20:38

59th (15th u17) Amy Mollison 21:18

64th (48th u15) Millie Anderson 23:54

U15 boys - 19th Jack Anderson 15:35

26th Davey Begg 15:59

29th Callum McCormack 16:25

34th Jamie Simpson 17:10

35th Scott Gordon 17:14

36th David Wood 17:26

37th Kenneth Scott 17:33

43rd Callum Letham 19:08

U17 men - 10th James Donald 22:49

14th Andrew Merry 23:15

19th Matthew Tonner 23:55

Senior Women - 59th (21st vet) Catriona Reynolds 30:42

Senior Men - 48th Billy Gibson 35:18

58th (10th vet) Bruce a Scott 35:58

63rd (13th vet) Ian Anderson 36:40

74th (20th vet) Matt Strachan 37:03

149th (63rd vet) Nigel Reynolds 40:56

180th (83rd vet) Alan Lawson 43:24

205th (103rd vet) Dougie Kidd 45:42

22/11/2014 - British & Irish Masters Cross Country

20th - V35 - Gordon Barrie - 27:28

16/11/2014 - Leeds Abbey Dash 10K

156th - Eilish McColgan 33:04

15/11/2014 - Edinburgh University Braid Hills Open

204th - Dave Hanlon 46:08

10/11/2014	Torch-Lit Race, Gauldry			
3rd	Craig Love	16:41		
5th	lan McNulty	17:25		
14th	Alan Lawson	21:32		

9/11/14 - National Short Course Championships, Bellahouston.

V40 - Gordon Barrie - 1st 13:49

V50 - Matt Strachan - 4th 15:03

Senior Women - Laura Muir 3rd 13:55

u17men - James Donald 11th 9:53, Andrew Merry 26th 10:21, Matthew Tonner 31st 10:35.

u17women- Katie Anderson 12th 11:50, Hannah George 29th 13:59, Isabel Remers 30th 14:11

u15 Girls - Danielle MacDermid 39th 8:25, Shania King 58th 9:12

u15 Boys - Davey Begg 45th 7:31

08/11/2014	Glen Clova Half Marathon			
2nd	Roger Van Gompell	77:17		
18th	Lousie Beveridge	87:14		
62nd	Phil Forte	97:34		
160th	Catherine Matthews	112:24		
203rd	Lucy Fyffe	122:10		

2/11/14	2014 TE	MPLETON	10 MILE ROAD	RACE
3rd	60.43	Roger	Van Gompel	M40
5th	61.19	Billy	Gibson	MS
7th	61.58	Johnny	McBain	MS
28th	69.06	Craig	Love	M40
49th	73.59	Phil	Forte	M50
121st	87.48	Catherine	Matthews	F40
164th	97.09	Lucy	Fyffe	F40

2/11/14 - The Southside Six

28th & 2nd Female Louise Beveridge 1:49:10 81st & 9th M S.Vet Alan Lawson 2:02:10

	2/11/1	4 - Winter X	C Series - E	Balgownie				
зм хс	8) 1 1 1 1 1					81:		
	U15 Men			U17 Men			Snr Men	
3rd	Davey Begg	22.05	1st	James Donald	19.10	5th	Connor Letham	38.07
	U17 Women		4th	Matthew Tonner	20.26		V45 Women	
8th	Isobel Remers	27.36	11th	Callum Letham	28.42	3rd	Dianne Harrower	29.01
10th	Amy Mollison	30.06					V45 Men	
	50 - 50					4th	Ken Letham	26.09
6M XC	85					als		
	V40 Men			V45 Women			V50 Men	
1st	Bruce Scott	39.47	5th	Catriona Reynolds	54.18	10th	Nigel Reynolds	45.38
ZXC U15								
	U13 Boys			U15 Girls				
5th	Blair Scott	17.09	3rd	Danielle MacDermid	19.10			
6th	Ryan Donald	17.51	22nd	Emily Harrower	20.49			
10th	Ben MacDermid	19.33	1		:40			
ZXC U11								
	U11 Boys							
4th	Scott Vigrow	8.57						
20th	Jack Donald	10.33						

2/11/14 - New York Marathon

881st Gary Bruce 3:02:53